



Competition to Attend an International Summer Leadership Academy for Alcohol Harm Prevention, 2019

Information for Students and Administrators

The Canadian Centre on Substance Use and Addiction (CCSA) and the Postsecondary Education Partnership—Alcohol Harms (PEP-AH) are offering students the opportunity to take part in the seven-day international Summer Leadership Academy for Alcohol Harm Prevention (the Academy) at Ljubljana University in Slovenia, June 16–22, 2019. The Academy is a valuable opportunity for students to learn about global alcohol issues and alcohol harm prevention, build leadership skills and apply their knowledge to reduce alcohol-related harm on their campus.

For more information about the participant application and selection process, see [Competition to Attend an International Summer Leadership Academy for Alcohol Harm Prevention, 2019—Application Process](#). It is anticipated that four students from PEP-AH member universities and colleges, one from each PEP-AH region (Western, Ontario, Quebec and Atlantic), will be selected to attend the Academy in 2019.



Background

PEP-AH recognizes that students' involvement, participation and leadership are critical success factors for reducing the harms of alcohol on Canadian campuses. For PEP-AH to be a long-term, sustainable project, we must ensure it continuously attracts new students who will bring their energy, ideas and enthusiasm to the partnership.

CCSA, PEP-AH, the International Organisation of Good Templars (IOGT)¹ and the Institute for Research and Development (UTRIP)² have developed the Academy for students to share ideas and strengthen collaborations to reduce alcohol-related harm on campuses.

Rationale

The Academy aims to benefit participants, campuses and PEP-AH in three primary ways:

- Prompt a shift in conversation and drinking culture on campuses;
- Result in measurable, campus-based initiatives, led and inspired by Academy participants, aimed at reducing alcohol-related harms on campuses, to be shared across PEP-AH; and

¹ IOGT International is the premier global network for evidence-based policy measures and community-based interventions to prevent and reduce harm caused by alcohol and other drugs. IOGT work protects children and youth, makes communities safer and promotes health and development worldwide. See <http://iogt.org/>. The IOGT website also has more information about the Academy: <http://iogt.org/event/summer-leaph-2019/>.

² UTRIP is a Slovenian non-governmental and non-profit research institute. It conducts research and develops, implements, monitors and evaluates projects and programs in the field of youth risk behaviour, addiction prevention, health promotion and healthy lifestyle. UTRIP is a member of the European network of NGOs in the field of alcohol policy (Eurocare), the Civil Society Forum on Drugs, the European Society for Prevention Research, the Science for Prevention Academic Network and the European Alcohol Policy Network. See <http://www.institut-utrip.si/en/about-us/>.



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- Promote an evolution of students' perception of their role in reducing alcohol-related harms on campus, which could create new or strengthened partnerships among campus administrators, students and PEP-AH.

Content

Programming will focus on increasing participant knowledge about alcohol-related issues and developing practical skills, related to prevention and awareness, media training, leadership, program development, and project and event management. The [full program](#) is available for review.

Benefits to Students

Students participating in the Academy will:

- Learn and exchange ideas and information about current alcohol issues and harm reduction strategies with world-renowned professors and international experts;
- Learn about diverse drinking cultures and different drinking patterns among youth through conversations and interactions with students from 12 countries on three continents;
- Develop and improve project management and leadership skills, and be empowered to apply lessons learned, by implementing an alcohol-related harm prevention project on campus; and
- Take part in a unique opportunity to have a positive impact on peer health and well-being, and share knowledge with all PEP-AH members.

Logistics

The Academy will run June 16–22, 2019, and will be hosted by UTRIP at the University of Ljubljana's [Faculty of Health Science](#). All participant costs will be covered. The Academy will be funded through UTRIP and PEP-AH as follows:

- UTRIP will cover summer school facilities, catering for participants' breakfast, lunch, dinner and coffee breaks, as well as participant accommodation in a three-star hotel, a 10 minute walk from the university.
- PEP-AH will cover participant travel expenses (airfare and transportation to and from airports), when travel arrangements are booked through CCSA's travel agent.

Students from 11 additional countries with diverse drinking cultures will take part in the Academy:

- Asia: Thailand, Sri Lanka and India
- Africa: Kenya, Burundi, Nigeria and Zimbabwe
- Europe: Sweden, Bosnia, Serbia and Slovenia



Frequently Asked Questions

Why is the Academy valuable for students?

The Academy is a valuable opportunity for students to travel abroad and connect with students from all over the world, learn about global alcohol issues and alcohol harm prevention, build leadership skills to implement a harm prevention project and have an impact on their local campus by implementing a harm reduction initiative during the 2019–2020 academic year.

Why is the Academy valuable for PEP-AH members?

By attending the Academy, students will develop an understanding of alcohol issues and have the opportunity to demonstrate leadership on their campuses to reduce alcohol-related harm.

Prior to their departure for the Academy, students will develop a project linked to an alcohol-related problem on their campus. Skills and knowledge acquired at the Academy will empower students to implement their project on their campus in collaboration with their school. Students will share their project results with PEP-AH members at events in 2019–2020, profiling their work on campus and benefitting all members.

Will students receive course credit for attending the Academy?

Students will not receive course credit for attending the Academy.

What costs will students need to cover themselves to take part in the Academy?

CCSA, PEP-AH, UTRIP and IOGT will cover all Academy-related expenses, including airfare, transportation to and from airports, meals (breakfasts, lunches, dinners and coffee breaks) and accommodation in a three-star hotel, as well as the Academy registration fees and costs associated with social activities in the Academy program.

Students will be responsible for any personal expenses.

In what language will the Academy be conducted?

The Academy will run in English. Students should also be prepared to present their project and an update on its status in English at the [Kettil Brunn Society Thematic Meeting](#) in Sherbrooke, Quebec, on Thursday, October 3, 2019, and at their PEP-AH Regional Symposium in fall 2019.

Will there be tasks to complete after attending the Academy?

Once back on campus, in collaboration with their institution, students will be required to implement a project linked to an alcohol-related problem, identified and approved by a senior administrator responsible for student affairs or designate before their departure.

Students will also be asked to present their project and an update on its status at the [Kettil Brunn Society Thematic Meeting](#) in Sherbrooke, Quebec, on Thursday, October 3, 2019, which is a PEP-AH event, and at their PEP-AH Regional Symposium in fall 2019. Costs associated with these events will be covered by PEP-AH.

Will there be evaluation and debriefing for students attending the Academy?

Formal sessions will be held before and after the Academy to gather specific evaluation data and debrief participants. To this end, a PEP-AH/CCSA Knowledge Broker will contact students to assess knowledge about alcohol issues and alcohol harm prevention, what went well at the Academy and



what needs improvement. Students will also be given an opportunity to describe the impact the Academy has had on them and their ability to implement an alcohol-related harm reduction program on their campus.

Will there be free time, social activities while attending the Academy?

Programming includes opportunities for sightseeing in Ljubljana and tours to nearby tourist destinations (e.g., Ljubljana city tour, Bled and Bohinj tour, Postojna Cave). Programming also includes social dinners and evening activities.

If I am selected, who will book travel? What will be the booking process?

Students will be contacted by a PEP-AH/CCSA project coordinator who will make travel arrangements through the CCSA travel agency.